



## Getting Control of our Time

**Listen!** “Where did my time go?”

**Why are we talking about this?** We may be squandering all three kinds of time.

- There are at least three kinds of time in our lives—they are all valuable commodities.

**Major Idea:** God expects me to manage all three kinds of time...with wisdom and diligence.

- I am a steward of my minutes and days. (The First Kind of Time: \_\_\_\_\_)
- I am a steward of my opportunities. (The Second Kind of Time: \_\_\_\_\_)
- I am a steward of my “times.” (The Third Kind of Time: \_\_\_\_\_)

**For Instance:**

**So What?**

# Walking Papers

“Practical helps for walking the Christian walk this week—the Christian life is a daily thing.”

**The Big Idea:** God expects me to manage all three kinds of time...with wisdom and diligence.

Please take some time each day this week to think through these questions and ideas:

- **Today.** Are there ways that you are using your chronological time that need to be changed? Too much recreation? Too little recreation? No Sabbath? Too much computer solitaire? Too little time with your family? Too much sleeping? Too little sleeping? Application: Read *The Power of Full Engagement* by Jim Loehr and Tony Schwartz. It is very helpful on building new habits of time use.
- **Monday.** Are you a good steward of your opportunities? Do you expect God to break in to your life with ministry opportunities? Are you sensitive to opportunities as they arise?
- **Tuesday.** What season are you in? What time is it in your life right now? Do you need to make a “seasonal” change? Is it time to launch out on your own? Is it time to retire from your regular job and head into full time ministry for the rest of the run? Is it time to start taking personal responsibility for your homework? Is it time for you to stop blaming your spouse and start a concentrated effort on personal growth and maturity? Is it time to stop collecting things and start giving things?
- **Wednesday.** Would you be willing to begin a 4 hour Sabbath each week? An excellent book on this topic is *The Rest of God: Restoring Your Soul by Restoring Sabbath* by Mark Buchanan.
- **Thursday.** In your life right now, what are your five most regretted uses of time?
- **Friday.** In your life right now, what are your five most meaningful uses of time?
- **Saturday.** Take a few minutes to pray about and think about your close relationships. How are they doing? What do they need? What is frustrating you? See you tomorrow AM!!

***“It’s time!”***