



"The People In Our Lives"

Cypress Bible Notes

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Series: The People in our Lives, Message #10, David and God

The People Who Rescue Us

Psalm 18

Listen! The list of what can go wrong relationally would not reach from Houston to El Paso—it would reach from Texas to Andromeda.

Tension: Where do I begin if my own life has messy pockets and my friend's lives have mixed up places and my relationships have sinful pieces and my family has distorted relational styles?

Reality #1. In a sinful world lives get sinful, mixed up, and messed up.

- David's ugly past (1 Samuel 16 through 2 Kings 2)
- My ugly past/your ugly past:

Reality #2 Despite our past, life simply works when centered in God. (Psalm 18)

- David's God-obsession:
- Our God-obsession:
- God's obsession for us:

Core Reality: We can renew a sinful, mixed up, messed up past...with God-obsession.

For Instance:

The Primary Take Away:

I think the most destructive lie that Satan has told since Eden is this:

“God cannot help you with that past and with those relationships.”

In Psalm 18 David says God can help—God agrees. Who do you believe?

Walking Papers

Practical Helps for Walking With God

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Please take time this week to work on the life change applications from today’s passage:

- **Today:** Are there some relationships that you have given up on? Why? Is there part of your track record that you really believe is un-redeemable? Why?
- **Monday:** How do you compare your ugly past to David’s ugly past? How do you compare your ugly relationships to David’s ugly relationships?
- **Tuesday:** How would you describe David’s great obsession with God—what did it look like? Study through Psalm 18 for some of this answer.
- **Wednesday:** Why was this obsession a reality in David’s life—what contributed to it? Think through David’s life story for some of the answers.
- **Thursday:** Do you believe, in your heart of hearts, that God loves you unconditionally and rejoices over you and enjoys you and cherishes you and every morning shouts, like a doting grandparent, “_____’s awake!”? Is there biblical evidence for such a belief?
- **Friday:** What would it look like for your life to be God-obsessed—fully and radically centered in Him?
- **Saturday:** What first thing would you be willing to do to make your life God-obsessed—fully and radically centered in Him? When will you do it? Who will you tell?

“Can God help or can He not?”