



Journey: Traveling Light

Listen! Business Traveler or Tourist?

- **The Issue:** What if most Christians in America are traveling far too heavy?

Question 1: Do I really see myself as a sojourner?

- A sojourner is focused on the Father.
- A sojourner is focused on the homeland.
- A sojourner is focused on people and relationships.
- A sojourner is focused on the mission.

Question 2: What does it mean to “travel light?” It means a full willingness to:

- ...give up luxury, comfort, privilege, and ease for God’s cause. (Heb 11:24-26)
- ...move, travel, and “go about” for God’s mission. (Heb 11:8, 38)
- ...live in marginal, temporary shelter to follow God’s call. (Heb 11:9)
- ...view heaven as home. (Heb 11:13-16)
- ...travel a circuitous path in faith to follow God’s plans. (Heb 11:27-29)
- ...live in terrible conditions for God’s cause. (Heb 11:38)
- ...not have a home at all for the sake of God’s mission. (Mt 8:20)
- ...lay aside every encumbrance—distractions from God’s purposes. (Heb 12:1)
- ...sojourn in faith and without sight because of future joy. (Heb 12:2)
- ...see all that I have as a gift. (1 Cor 4:7)
- ...hold my possessions lightly. (Mark 10:21, 22)
- ...hold all my possessions with gratitude. (1 Tim 4:4)
- ...see God as the Owner of everything. (Ps 24:1)
- ...see myself as a steward of God’s things. (Luke 16:1)
- ...reject and remove anything that consumes me. (1 Cor 6:12)
- ...reject and remove anything that defines me or causes me pride. (Luke 12:15)
- ...be content with what I have. (Philippians 4:10-14)
- ...enjoy everything God gives to me. (1 Tim 6:17)

Idea: When I see myself as a sojourner...I begin to travel light.

For Instance:

Application:

Walking Papers

Practical helps for walking with Christ this week.

- **Idea:** When I see myself as a sojourner...I begin to travel light.

Please take some time each day this week for "spiritual recalibration" by thinking through the following ideas and questions related to having "eternity in our hearts:"

- **Today:** Take some time to reflect on your physical possessions and consider whether you are traveling "light" or "heavy." What is the evidence for your conclusion? Do you feel at all controlled or burdened by your stuff? Do you see ways in which your possessions have harmed your pursuit of God or your ministry impact or your relationships?
- **Monday:** What is the evidence that a person's life is focused first and foremost on God?
- **Tuesday:** What is the evidence that a person's life has a significant focus on heaven as their homeland?
- **Wednesday:** What is the evidence that a person is powerfully focused on people and quality relationships?
- **Thursday:** What is the evidence that a person is greatly focused on mission?
- **Friday:** Study the list under "Question 2" and note any that you feel you are doing well on.
- **Saturday:** Study the list under "Question 2" and note any that you feel you are doing poorly on. What do you need to do in order to address these?

Bonus Item: Do you know anyone who is an outstanding example of "traveling light?" What does their life look like? How is it different from that of the average American?