



Finding Real Help

Psalm 16:1-11

Multiple choice: If you breakdown between Fort Stockton and El Paso should you:

- A: Call AAA towing service?
- B: Plead with a cactus for help?

Question: Where do you turn in the “breakdowns” of life?

Question: Is it possible that in the breakdowns of life you are “pleading with a cactus?”

Question: Is it possible that even in the victories of life you are “praising a cactus?”

For the breakdowns and the victories in time...God is trustworthy. (vv 1-8)

- The pivotal decision is to take refuge in Yahweh. (v 1)
- The wonderful outcome is to find Yahweh trustworthy.
 - Yahweh:
 - Put your trust in God. (v 2)
 - Admire people who trust God. (v 3)
 - Never trust in idols. (v 4)
 - When you trust Him God is your Portion. (vv 5, 6)
 - When you trust Him God is your Teacher. (v 7)
 - When you trust Him God is your Security. (v 8)

For the fear and needs at death and eternity...God is trustworthy. (vv 9-11)

- When you trust God you are **emotionally stable** in the face of eternity. (v 9)
- When you trust God you are **spiritually safe** in the face of eternity. (v 10)
- When you trust God you are **relationally close** in the life of eternity. (v 11)

Idea: God is the one trustworthy Source of help...for living life and for facing death.

What is the biggest “**breakdown**” of your life at this moment? _____

What is the biggest “**victory**” of your life at this moment? _____

Would you make the **pivotal decision** right now to give these two things to the trustworthy God of time and eternity—to invest fresh trust in Him? _____

“Walking Papers”

Practical helps for walking the Christian walk each day this week.

Idea: God is the one trustworthy Source of help...for living life and for facing death.

- **Today:** Please list your five top needs or fears (your current breakdowns) below and take half an hour to pray about them:

- _____
- _____
- _____
- _____
- _____

- **Monday:** Please list your five top joys or blessings (your current victories) below and take half an hour to praise God for them:

- _____
- _____
- _____
- _____
- _____

- **Tuesday:** In what ways have you turned to “idols” (pleaded with a cactus) regarding your needs and fears. Please list them below and take half an hour to confess them:

- _____
- _____
- _____
- _____
- _____

- **Wednesday:** What would it look like for you to take refuge in God and invest fresh trust in Him now? Will you do that now?

- **Thursday:** In what ways do you need God to provide for you? Ask Him.

- **Friday:** In what ways do you need God to teach you? Ask Him.

- **Saturday:** In what ways do you need God to give security to you? Ask Him.

God’s Core Question: Who or what are you trusting for the forgiveness of your sins and for an eternity filled with joy instead of judgment?