



Finding a Higher Life

Psalm 24:1-10

Listen: In a world like ours our heads can drop down.

Question: What do we do when we despair on God's presence and help?

Pursue God with clean hands, a pure heart, and continual truthfulness. (vv 1-6)

- God is the Creator and the Owner of the entire world—including Mount Zion. (vv 1, 2)
- Not just anyone can enjoy the presence of God—in Mount Zion. (v 3)
- We draw close to this glorious God—in Mount Zion—when we (vv 3-6):
 - Have salvation from Him:
 - Have righteousness from Him:
 - Have clean hands from Him:
 - Have pure hearts from Him:
 - Have continual truthfulness from Him:
 - Have hearts to seek His presence:

Take courage because the King of Glory will show up in the midst of His people. (vv 7-10)

- At times we lose courage and our heads drop down. (vv 7, 9)
 - The “gates” and “ancient doors” of verses 7 and 9 stand for the leaders of the people who sit in the gates. (This is a figure of speech called a “metonymy of place” in which the physical place [gates] is mentioned to represent those who sit in the gates [the elders of the people. See Ruth 4:1, 2.] We also use metonymy of place: The White House said today that ...)
- The King of Glory (used of God 5 times here) shows up in His power. (vv 7-10)

Idea: Take courage because the King of Glory shows up in our midst...as we pursue Him with clean hands and pure hearts.

Listen: *In times of discouragement the thing we need most is not _____ but the _____ of the King of glory. Adam Mason*

“Walking Papers”

Practical helps for walking the Christian walk each day this week.

Idea: Take courage because the King of Glory shows up in our midst...as we pursue Him with clean hands and pure hearts.

- Please read Psalm 24 each day before looking at the exercises.
- **Today:** What are the things that are currently causing “your head to drop down?” Why are they discouraging? What are you hoping will happen in each of these?
- **Monday:** God is both Creator and Owner of all that exists. What bearing does this truth have on the things that cause your head to drop down?
- **Tuesday:** What does God bring to your mind when you think of this question: “In what ways is my heart not pure?” What do you need to do?
- **Wednesday:** What does God bring to your mind when you think of this question: “In what ways are my hands not clean?” What do you need to do?
- **Thursday:** What does God bring to your mind when you think of this question: “In what ways am I not a person of continual truthfulness?” What do you need to do?
- **Friday:** What does it mean that God is the “King of glory?” Why is it important that He is a God of might, power, and battle strength?
- **Saturday:** Please write out your own prayer for the King of Glory to show up and work with power in the midst of your struggles.

Core Question: What is God working on in your heart with this statement?

In times of discouragement the thing we need most is not relief but the presence of the King of glory. Adam Mason

Note for Connection Groups: The full study guide for small group and personal study is available at: www.cypressbible.org and then click on “Get Connected” and the link is on that page.