



Finding Help in the Wilderness

Psalm 63:1-11

Listen: Life has plenty of wilderness times—no getting around it:

- 1 Samuel 23, 24: David is pursued by Saul—separated from the Ark of God.
- 2 Samuel 15: David is pursued by his son Absalom—separated from the Ark.
- Here, in verses 9-11, people were pursuing David to kill him.
- **Wilderness:** threats, scarcity, separation, loneliness, uncertainty, and longing.

Question: How can we thrive in the wilderness times? ...in the threats, scarcity, separation, loneliness, uncertainty, and longing?

The relationship that changes and defines everything even in the wilderness: God is my God. (vv 1, 3)

- Entering into the relationship:
- The loyal love of God:
- A “hesed drenched” life:

The pursuit that eclipses everything even in the wilderness: Earnestly seeking God. (vv 1, 8)

- Soul:
- “Clings to” = to pursue with determination:

The response that clarifies everything even in the wilderness: Worshiping God. (vv 3-5, 7, 11)

- An inner response of adoration:
- The Greatest Being Who could possibly exist:

The hope that endures everything even in the wilderness: God will defeat our enemies. (vv 9-11)

- Six times the future tense is used:
- Our enemies will be destroyed:

Idea: The lovingkindness of God...eclipses every trial and motivates us to pursue Him.

“Walking Papers”

Practical helps for walking the Christian walk each day this week.

Idea: The lovingkindness of God...eclipses every trial and motivates us to pursue Him.

- Please read Psalm 63 each day before looking at the exercises below.
- **Today:** What does the wilderness look like and feel like for you? What is the most recent wilderness you have been in—maybe currently in?
- **Monday:** Have you placed your faith in Christ and come to the reality of saying along with King David, “God, you are my God”? If you have not is there anything keeping you from trusting Christ for forgiveness of sins right now? If you have trusted Christ in what ways has this relationship “changed and defined everything” for you?
- **Tuesday:** What are your thoughts about the “loyal love” (hesed) of God? Can you say that you have a “hesed drenched” life even in a “water parched” place?
- **Wednesday:** How are you “pursuing God with determination (clinging to Him in verse 8)? Would you be willing to raise the bar on pursuing God with determination? How?
- **Thursday:** Have you been able and willing to worship God even in the wilderness places—in the places of threats, scarcity, separation, loneliness, uncertainty, and longing? How is it that David, and you, can worship God even in the wilderness?
- **Friday:** Please re-read verses 9-11. What made David have such full complete hope that his enemies would be defeated? How do you get that same hope about your enemies—the world, the flesh, the devil, and those who slander you?
- **Saturday:** Please read Psalm 95 and reflect on the central meaning of the Psalm.

Journal Reflection: Please write a brief reflection on having a “hesed drenched” life in a “water parched” place:
