



Victory Through Submission

Matthew 4:1-11; Mark 1:12, 13; Luke 4:1-14; Hebrews 4:15

Our Challenge: How do we submit to what God wants when it is not what we want?

Please understand—before we look at Jesus’ three temptations:

- Jesus had a deep and settled submission to the will of the Father. John 4:34
- Jesus’ temptations were real! Hebrews 4:15
- Jesus was completely submitted to the Holy Spirit.
- Jesus had two natures:
 - In His divine nature He was unable to be tempted and unable to sin.
 - In His human nature He was able to be tempted.
 - He did not have a sin nature so any temptation came from outside of Him.
 - In summary His human nature could be tempted and His divine nature could resist. Therefore He was “impeccable” or able not to sin.
- Because Jesus could not sin does not mean that He could not be tempted.
- Jesus refuted each temptation by quoting from the Book of Deuteronomy which was the OT Book that governed the walk of God’s people.

Satan tempted Jesus along three avenues—1 John 2:16:

Sensual Temptation: Satisfy your hunger in a God-dishonoring way. (The lust of the flesh.)

- The Avenue:
- The Lies:
- The Truth:
- The Choice:
- The Applications:

Imaginative Temptation: Do the spectacular, self-aggrandizing stunt and force the Father to act. (The boastful pride of life.)

- The Avenue:
- The Lies:
- The Truth:
- The Choice:
- The Application:

Rational Temptation: Get all the world’s kingdoms in an instant by worshiping Satan rather than going through the cross. (The lust of the eyes.)

- The Avenue:
- The Lies:
- The Truth:
- The Choice:
- The Application:

Core Idea: To resist temptation and obey God...I must be submitted to the Word of God and get myself saturated with the Word of God.

Application: When I *internalize the Word* of God my life is pure. Psalm 119:11

Application: When I *look for the escape* I resist temptation. 1 Corinthians 10:13

Application: When I *train instead of try* I gain both victory and joy. Matthew 4:4

“Walking Papers”

Practical helps for walking the Christian walk each day this week.

Core Idea: To resist temptation and obey God...I must be submitted to the Word of God and get myself saturated with the Word of God.

Please read: Matthew 4:1-11; Mark 1:12, 13; Luke 4:1-14; Hebrews 4:15.

- **Today.** The Book of Deuteronomy (second giving of the Law) was the OT Book that governed the walk of God’s people. Why do you think Jesus quoted this Book three times in resisting temptation?
- **Monday.** In the first temptation Jesus was tempted to turn stones into bread—to satisfy His hunger in a God-dishonoring way. Are there ways you are doing that and will you confess them?
- **Tuesday.** In the second temptation Jesus was tempted to do a spectacular, self-aggrandizing stunt and force God the Father to act. Are there ways that you are testing God with irresponsible actions and hoping He will fix it all up for you?
- **Wednesday.** In the third temptation Jesus was tempted to have all power over the whole world by worshiping Satan rather than enduring the cross and being exalted by the Father. Are there ways in your life in which you are pursuing things in God-dishonoring ways?
- **Thursday.** Please read Psalm 119:11. What would it mean for you to treasure the Word of God in your heart?
- **Friday.** Please read 1 Corinthians 10:13. What would it mean for you to diligently look for the way of escape in your reoccurring temptations?
- **Saturday.** Please read Matthew 4:4. What would it mean for you to “train instead of try” when it comes to resisting the temptations that will come at you?

Note for Connection Groups: The full study guide for small group and personal study is available at: www.cypressbible.org and then click on “Get Connected” and the link is on that page.