

God Can Help You!

1 Thessalonians 5:23-28

Listen! In the opening scene of the film “Doctor Zhivago” (1965) a little girl...

Core Truth: God is utterly faithful to us...and we must be utterly faithful to others.

God is utterly faithful to us in that He:

- ...gives to us inner peace. (v 23)
- ...sanctifies us entirely. (v 23)
- ...preserves us complete—spirit and soul and body—without blame at the coming of the Lord Jesus Christ. (v 23)
- ...having called us to Himself, faithfully accomplishes all that He promises and intends in our lives. (v 24)

We must be utterly faithful to others in that we:

- ...pray for them. (v 25)
- ...greet them with holy affection. (v 26)
- ...read the Word of God aloud to each other. (v 27)
- ...pronounce grace (and extend grace) to each other. (v 28)

Core Truth: God is utterly faithful to us...and we must be utterly faithful to others.

Core commitment #1: My faithful God I will *trust you explicitly* for help with:

_____.

Core commitment #2: My faithful God I will *give a specific act of grace and care* to _____ by _____.

“Walking Papers”

Practical helps for walking the Christian walk each day this week.

Core Truth: God is utterly faithful to us...and we must be utterly faithful to others.

Please read: 1 Thessalonians 5:23-28 each day.

- **Today.** How is inner peace possible in the midst of the outer turmoil and many threats in our world? (v 23) Are you tapping into that inner peace?
- **Monday.** How is God going about “setting apart every aspect of our lives to Himself and to holy living?” (v 23) How do you need to submit to that work?
- **Tuesday.** Please read Philippians 1:6 and compare it to verse 23 here. God is deeply dedicated to our personal and spiritual preservation. How do the troubles of this life relate to God’s work of our personal spiritual preservation?
- **Wednesday.** How would you describe the faithfulness of God? (v 24) For today in your situation what does the faithfulness of God mean?
- **Thursday.** The command to “pray for us” that Paul gives in verse 25 is best translated “keep on praying for us” and it is a command to ongoing prayer for them. What would you be willing to do in order to increase your ongoing prayer for others?
- **Friday.** God gave to us both undeserved favor (He is for us even though we do not deserve that) and spiritual enablement (the ability to do what we should do). What must you do in order to give this to others? Is there a specific person to whom you need to give grace? If so, when will you do that and how will you do that?
- **Saturday.** In preparation for worship tomorrow please read and reflect on Isaiah 9:6, 7.

Note for Connection Groups: The full study guide for small group and personal study is available at: www.cypressbible.org (Quick Menu / Connect / Sermon Based Small Group Material).