



Cypress Bible Notes  
May 1, 2011  
Speaker: Dave Gibson  
Series: Radical Jesus, Msg #2

## Jesus' Take on Happiness

Matthew 5:1-13

**Listen!** The theology of American happiness is written and pictured in the tabloids.

**Why are we talking about this?**

**So the big questions are these:**

- What is happiness? There are two kinds of happiness.
- How do we get happiness? There are different routes to the two kinds of happiness.
- Please see something: Jesus is a big Fan of (biblical) happiness!

**THE FIRST KIND OF HAPPINESS:** American cultural happiness is...a euphoric feeling...that arises from \_\_\_\_\_ things happening to you.

**THE SECOND KIND OF HAPPINESS:** New Testament happiness is...an inner, enduring spirit of peace and wellbeing...that arises from being \_\_\_\_\_.

- **Corollary:** Virtue makes me happy but vice makes me sad. Hebrews 11:25.
- When I say “being good” I do not mean “doing good things.”
- By “being good” I mean the inner, moral, ethical goodness in a person’s heart and mind.
- **Please be clear:** No one is innately good except God alone so we must get our goodness from Him. Mark 10:18.
- **Psalm 45:7:**
- **Proverbs 29:18b:**
- **Matthew 5:1-13:**

**The Summary Idea:** “If you want to be happy you must be \_\_\_\_\_.”

**Live Differently:**

# “Walking Papers”

*Practical helps for walking the Christian walk each day this week.*

**The radical Jesus’ take on happiness:** *“If you want to be happy you must be good.”*

- **Today.** Please read Mark 10:18. How would you state this in your own words and what bearing does this verse have on Jesus’ take on happiness—written above?
- **Monday.** Please read Psalm 45:7. How would you state this in your own words and what bearing does this verse have on Jesus’ take on happiness?
- **Tuesday.** Please read Proverbs 29:18. How would you state this in your own words and what bearing does this verse have on Jesus’ take on happiness?
- **Wednesday.** Please read Hebrews 11:25. How would you state this in your own words and what bearing does this verse have on Jesus’ take on happiness?
- **Thursday.** Please read Matthew 5:3-5. How would you state each of these “Blessed is he” statements in your own words and what bearing does each statement have on Jesus’ take on happiness?
- **Friday.** Please read Matthew 5:6-8. How would you state each of these “Blessed is he” statements in your own words and what bearing does each statement have on Jesus’ take on happiness?
- **Saturday.** Please read Matthew 5:9-12. How would you state each of these “Blessed is he” statements in your own words and what bearing does each statement have on Jesus’ take on happiness?
- **For Sunday May 8<sup>th</sup>.** Please reflect on and list any truths/principles that Jesus gave on building God-honoring, brother or sister-blessing relationships.

*Note for Connection Groups: The full study guide for small group and personal study is available at: [www.cypressbible.org](http://www.cypressbible.org) (Quick Menu / Connect / Sermon Based Small Group Material).*